Developmental Milestones Observational Record One-Year-Olds

Child’sName: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ BirthDate:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| **Physical/MotorDevelopment** | | | | |
| Twelve to Eighteen Months | | | | |
| Milestone | Learning | Practicing | Mastery | Notes |
| Enjoysclapping hands | Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer:\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ |  |
| Walkswithassistance | Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer:\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ |  |
| Beginsto useaspoon | Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer:\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ |  |
| Walkswithout assistance | Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer:\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ |  |

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Observational Record – 1 year olds 1

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| Milestone | Learning | Practicing | Mastery | Notes |
| Crawlsupanddownstairs | Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer:\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ |  |
| Stackstwoobjects | Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer:\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ |  |
| Pulls offsocksandshoes | Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer:\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ |  |
| Likes topush,pull,carry,and dumpthings | Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer:\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ |  |
| Scribbles without control | Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer:\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ |  |
| Eighteen to Twenty-Four Months | | | | |
| Walksupanddownstairs with help | Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer:\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ |  |
| Walksonunevensurfaces with help | Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer:\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ |  |

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Observational Record – 1 year olds 2

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| Milestone | Learning | Practicing | Mastery | Notes |
| Standsononefoot with help | Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer:\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ |  |
| Runsreasonably well | Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer:\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ |  |
| Rolls wheeledtoyssuchas trains,cars,andtruckswith ease | Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer:\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ |  |
| Throwsaball | Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer:\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ |  |
| Canfeedself | Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer:\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ |  |
| Beginsto dressself | Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer:\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ |  |
| Maybegin toilet training | Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer:\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ |  |

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Observational Record – 1 year olds 3

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| **Social/Emotional** **Development** | | | | |
| Twelve to Eighteen Months | | | | |
| Milestone | Learning | Practicing | Mastery | Notes |
| Showssignsofattachment to parents or other family members | Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer:\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ |  |
| Engagespredominantly in parallel playwithpeers | Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer:\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ |  |
| Beginsto imitate older siblingsorpeers | Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer:\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ |  |
| Showssignsofteasingadults | Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer:\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ |  |
| Eighteen to Twenty-Four Months | | | | |
| Initiatesseparation from caregivers | Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer:\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ |  |
| Looksfor “home base” or significantadult | Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer:\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ |  |
| Playswith other toddlers | Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer:\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ |  |

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Observational Record – 1 year olds 4

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| Milestone | Learning | Practicing | Mastery | Notes |
| Showssense oftrust | Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer:\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ |  |
| Showsattachment to significantadults | Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer:\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ |  |
| Showssignsofstresswhen familymembers initiate separation | Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer:\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ |  |
| **LanguageDevelopment** | | | | |
| Twelve to Eighteen Months | | | | |
| Usesgesturesandactions intentionally | Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer:\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ |  |
| Intentionallysays“mama” and“dada” | Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer:\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ |  |
| Usesonesoundtostandfor more thanone gesture or object | Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer:\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ |  |
| Speaksinjargon or nonsense phrases | Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer:\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ |  |

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Observational Record – 1 year olds 5

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| Milestone | Learning | Practicing | Mastery | Notes |
| Understandsmanymore wordsthancanbe expressed | Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer:\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ |  |
| Eighteen to Twenty-Four Months | | | | |
| Says“hi,” “bye,” and“uh-oh” | Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer:\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ |  |
| Beginsto expressfeelings with words | Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer:\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ |  |
| Usestwo to three word phrases | Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer:\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ |  |
| **CognitiveDevelopment** | | | | |
| Twelve to Eighteen Months | | | | |
| Tracksatoythat isbeing movedandcanretrieve it if it’sinpartialview | Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer:\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ |  |
| Closesdoors | Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer:\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ |  |
| Followssimple commands fromadultsor older children | Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer:\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ |  |

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Observational Record – 1 year olds 6

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| Milestone | Learning | Practicing | Mastery | Notes |
| Turnspagesinbooks | Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer:\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ |  |
| Eighteen to Twenty-Four Months | | | | |
| Beginsto recognize colors | Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer:\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ |  |
| Enjoyscontainer play | Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer:\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ |  |
| Recognizes ownimage ina mirror | Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer:\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Observer: \_\_\_\_\_\_\_\_\_\_\_\_ |  |

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